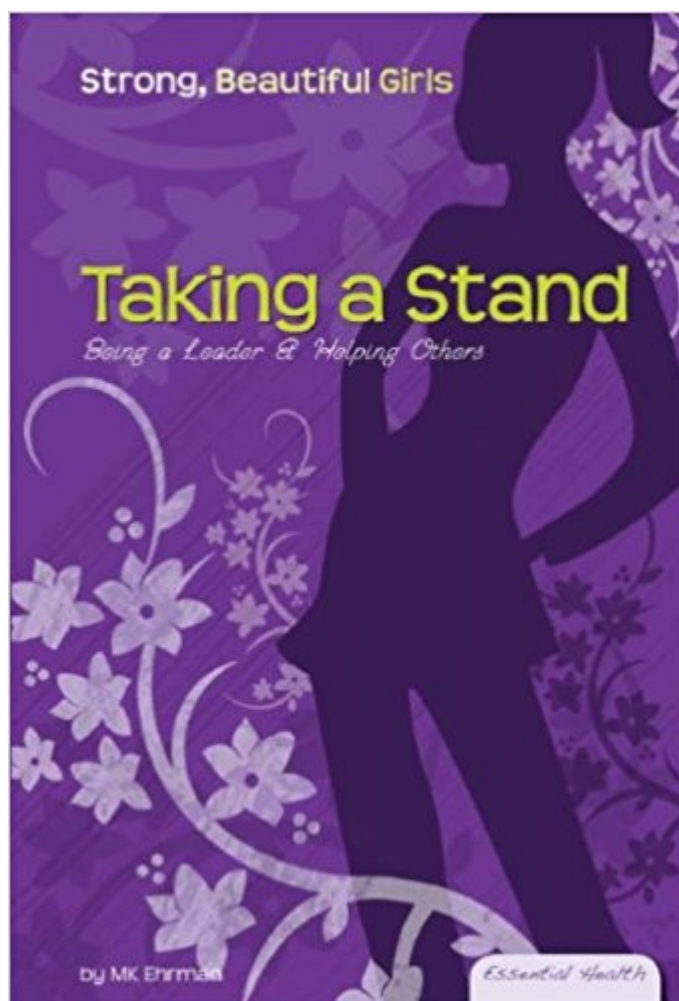


The book was found

Taking A Stand: Being A Leader & Helping Others (Essential Health: Strong Beautiful Girls)



Synopsis

Taking a Stand features fictional narratives paired with firsthand advice from a licensed psychologist to help preteen and teen girls evaluate success and build leadership skills. Topics include the challenges of competition, taking on too much, defining the qualities of a leader, the importance of good communication skills, and standing up for yourself. Throughout the book, Talk About It questions encourage discussion. Additional resources, a glossary, and an index are also included. Taking a Stand will leave readers feeling confident to take on new roles and become great leaders.

Book Information

Series: Essential Health: Strong Beautiful Girls

Library Binding: 112 pages

Publisher: Essential Library (August 1, 2008)

Language: English

ISBN-10: 1604531053

ISBN-13: 978-1604531053

Product Dimensions: 6.1 x 0.4 x 9 inches

Shipping Weight: 4.8 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,316,295 in Books (See Top 100 in Books) #93 in [Books > Teens >](#)

[Personal Health > Maturing](#) #1568 in [Books > Teens > Education & Reference > Social](#)

[Science](#) #2588 in [Books > Teens > Social Issues](#)

[Download to continue reading...](#)

Taking a Stand: Being a Leader & Helping Others (Essential Health: Strong Beautiful Girls) Beautiful Me: Finding Personal Strength & Self Acceptance (Essential Health: Strong Beautiful Girls) Strong's Greek Dictionary of the Bible (with beautiful Greek, transliteration, and superior navigation) (Strong's Dictionary Book 1) [ENDOMETRIOSIS: THE COMPLETE REFERENCE FOR TAKING CHARGE OF YOUR HEALTH THE COMPLETE REFERENCE FOR TAKING CHARGE OF YOUR HEALTH] By Ballweg, Mary Lou (Author) 2003 [Paperback] Taking Sides: Clashing Views in Health and Society (Taking Sides : Clashing Views on Health and Society) Start Strong, Finish Strong: Prescriptions for a Lifetime of Great Health Strong Is the New Pretty: A Celebration of Girls Being Themselves The Beginners Guide to Making Your Own Essential Oils: Complete Guide to Making Your Own Essential Oils from Scratch & To Improve Your Health and Well-Being ... Health, Healing, Weight Loss, Coconut Oil) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil

Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Essential Oil Recipe Book - 30 Proven Essential Oil Recipes ::: My Essential Oil Private Collection Vol. 1 (Private Collection Essential Oils) Health Communication: From Theory to Practice (J-B Public Health/Health Services Text) - Key words: health communication, public health, health behavior, behavior change communications Essential Oils For Beginners: Essential Oils For Weight Loss: Essential Oils Natural Remedies: Essential Oils Summer And Winter Recipes: Nature's Best Kept Secret For Weight Loss And Balance Health Rescue Me (1Night Stand) (1Night Stand Series Book 221) My One-Night Stand, My Forever: Mpreg Romance (My One-Night Stand Series Book 1) The Ultimate Stand Up Paddle Guide - Book 1: The Basics (Stand Up Paddle Guides) Stand-Up Decoded: Sneak a Peek Inside a Lifetime of Stand-Up Secrets Stand Out 3 (Stand Out, Third Edition) How to Be a Stand Up Comedian: Your Step-by-Step Guide to Be a Stand Up Comedian Act Like a Leader, Think Like a Leader Love, Fear, and Health: How Our Attachments to Others Shape Health and Health Care

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)